

# FEELING WORD LIST

		<u>Happy (Joy)</u>	<u>Angry (Disgust)</u>	<u>Sad</u>	<u>Afraid</u>
<b>Levels of Intensity</b>	<b>Strong</b>	certain delighted eager excited proud thrilled fine marvelous exhilarated energetic overjoyed	furious disgusted exasperated bitter cheated distraught mad indignant irate livid used fed up	beaten crushed humiliated lonely lost miserable empty rejected hopeless ashamed	helpless panicky alarmed afraid horrified intimidated petrified terrified distraught
	<b>Mild</b>	secure lucky good loved pleased relieved happy optimistic impressed flattered special	aggravated annoyed disturbed frustrated irritated peeved turned off distressed irked provoked	disillusioned left out down despairing grieved unhappy sorry hollow guilty embarrassed	anxious apprehensive frightened inadequate insecure rattled tense worried uptight harassed
	<b>Weak</b>	refreshed encouraged satisfied content comfortable relaxed calm hopeful grateful	bothered upset put out uptight hurt disappointed displeased ticked disturbed	glum sober apathetic blue downcast low disheartened moody	confused jumpy uneasy jittery nervous on edge out of place shaky suspicious flustered